

**Lesson # 5 – Sunday – July 16, 2017**  
**The 12 Step program in Comparison to Scripture**

- # 1. We admitted we were powerless over (Something sinful) - that our lives had become unmanageable.
- # 2. Came to believe that a Power greater than ourselves could restore us to sanity.
- # 3. Made a decision to turn our will and our lives over to the care of God as we understood Him.
- # 4. Made a searching and fearless moral inventory of ourselves.
- # 5. **Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.**
- # 6. Were entirely ready to have God remove all these defects of character.
- # 7. Humbly asked Him to remove our shortcomings.
- # 8. Made a list of all persons we had harmed, and became willing to make amends to them all.
- # 9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
- # 10. Continued to take personal inventory and when we were wrong promptly admitted it.
- # 11. Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
- # 12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to (Those in need), and to practice these principles in all our affairs (our life).

**For this Lesson we will be looking at Step # 5:**

**# 5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.**

For this Lesson we will be looking at:

WHAT is Repentance? \_\_\_\_\_.

- 1. \_\_\_\_\_.
- 2. \_\_\_\_\_.
- 3. \_\_\_\_\_.
- 4. \_\_\_\_\_.

**Psalm 32:5** – Then I acknowledged my sin to You and did not cover up my iniquity. I said, I will confess my transgressions to the Lord – and You forgave the guilt of my sin.”

**I John 1:8-10** – “If we claim to be without sin, we deceive ourselves and the truth is not in us. 9 – If we confess our sins, He is faithful and just and will forgive us our sins and purify us from all unrighteousness. 10 – If we claim we have not sinned, we make Him out to be a liar and His Word has no place in our lives.”

**Matthew 5:23-26** – “Therefore if you are offering your gift at the altar and there remember that your brothers has something against you, leave your gift there in front of the altar. First go and be reconciled to your brother; then come and offer your gift. Settle matters quickly with your adversary who is taking you to court. Do it while you are still with him on the way, or he may hand you over to the judge, and the judge may hand you over to the officer, and you may be thrown into prison. I tell you the truth, you will not get out until you have paid the last penny.”

**James 5:16a** – “Therefore confess your sins to each other and pray for each other so that you may be healed.”